

Beauty

01

Symmetry

Beauty is in the eye of the beholder. In fact, esthetics and attractiveness begin with the eyes. They are the first thing people notice and their symmetry in harmony with the other facial features including our teeth raise overall beauty value. The alignment, shape, and brightness of our front teeth heavily impact the character and power of our smiles.

Bad Habits and Trauma

Thumb sucking, nail biting, clenching, and grinding are traumatic habits that can alter the shape of our teeth and jaws. Wearing our teeth can prematurely age our smiles. Aggressive toothbrushing techniques can also destroy healthy tooth structure. Be mindful of stress and discuss these symptoms with your dentist.

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Teeth Whitening

Bright smiles are highly valued by most individuals and audiences. Extrinsic stains from food and beverages are easily lifted with teeth whitening procedures. However, teeth with intrinsic stains from medications or trauma often require coverage with dental restorations.

Orthodontics

Malaligned teeth negatively impact esthetics and also increase plaque retention, which raises risk for cavities and gum disease. Wires and brackets, clear aligners, retainers, and surgical intervention can straighten teeth and improve jaw health and function.

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Veneers

Chipped, crowded, or stained teeth can be corrected with porcelain veneers. These are cosmetic facings that dramatically bring symmetry and brightness to our smiles. When selecting tooth shades, dental providers will consider many factors including patient anatomy, age, gender, and overall smile goals.