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Women's Oral Health

For Her. By Design.

IN THIS ISSUE

Understanding Salivary Glands

How Mental Health Affects Oral Health

Nutrition And Teeth



Women's Oral Health: Eating Disorders

Support Us On
INDIEGOGO
Coming 1.7.25

THE CONNECTION BETWEEN BULIMIA AND DENTAL EROSION

Frequent exposure to stomach acid from vomiting can erode tooth enamel, leading to sensitivity, pain and even tooth loss. Typical patterns of erosion occur on the surface of the tooth facing the tongue and along the gum line. Nutrient deficiencies can weaken enamel, making teeth prone to breakage.

WELLNESS ADVICE

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DRY MOUTH AND MENOPAUSE

During menopause, your body's production of estrogen and progesterone decreases, which can lead to a variety of changes. These hormonal shifts affect the tissues in your mouth, leaving them more vulnerable to dryness, irritation, and other issues.

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